

Supporters of Professional Development Day

University Federal Credit Union
Student Success Initiative
School of Undergraduate Studies



Academic Counselors Association
Association of Professionals in Student Affairs
& Hispanic Faculty/Staff Association
Present

PROFESSIONAL DEVELOPMENT DAY CONFERENCE 2017



Wednesday, February 22, 2017
Commons Learning Center

Conference Schedule

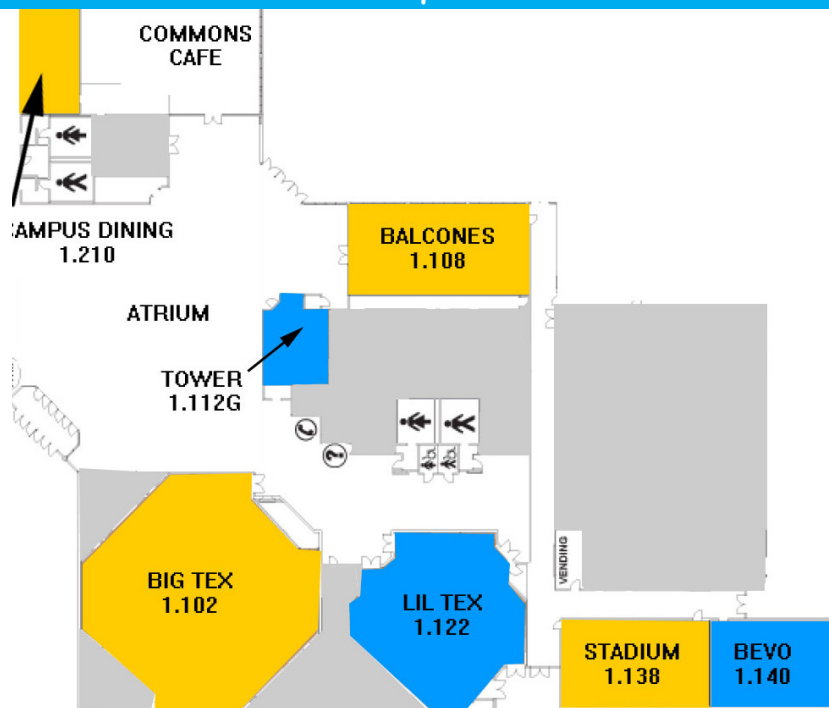
8:00 - 8:45 AM	Check in
8:45 - 9:00 AM	Welcome
9:00 - 9:50 AM	Keynote: Dr. Rich Reddick
10:00-10:50 AM	Session 1
11:00 - 11:50 AM	Session 2
12:00 - 12:50 PM	Lunch
1:00 - 1:50 PM	Session 3
2:00 - 2:50 PM	Session 4
3:00 - 3:50 PM	Session 5
4:00 - 5:00 PM	Networking Hour at Gloria's

Presentation Survey

<http://bit.ly/pdd2017presentations>

Please use this link to review the sessions you attend!

Map



Session 5

3 - 3:50 PM

Making Big First-Year Communities Feel Small

Balcones Room

1.108

Institutions are striving to create small first-year communities to increase student success, but resources are limited. This session will cover how one program is overcoming their numbers to create community and small-group experiences within a class of 120 first-year students.

Letitia Monsey *Student Program Coordinator, McCombs School of Business*

How to Improve Your Wellness at Work:

Lil Tex Room

1.122

Move, Mindfulness, and Meal Prep!

Come hang with Rachel and learn about the triple M's! How can you move and be more mindful at work? What's meal prepping and why is it so difficult? Not only learn how to be more mindful about moving and eating, but mindful about your mind!

Rachel Watson *Teaching Specialist at Fitness Institute of Texas*

Double-Dose First Generation: Supporting First Generation American and First Generation College Students

Stadium Room

1.138

There is a great deal of research exploring the challenges that first-generation college student encounter and many student success programs out there to support students. But what are some of the challenges that first-generation college student who have the added challenge of being a first-generation American face? In this session, we will examine some of the issues that double-dose first-generation students encounter and have discussion on how we can support double first-generation students.

Yesenia Sanchez *Academic Advising Coordinator, McCombs School of Business*

Tepera Holman *Director, McCombs Success Scholars, McCombs School of Business*

Uniting Your Two Selves: Parent and Professional

Bevo Room

1.140

Being a working parent can often leave you feeling like you are two different people: a parent at home and a professional at work. This session will focus on the challenges and benefits of each identity and will help participants take a first step at developing an appreciation for both roles while learning how to maximize the benefits of each to ultimately be better at both!

Kayla Ford *Senior Academic Advisor, McCombs School of Business*

Julia Chinnock *Senior Academic Advisor, School of Undergraduate Studies*

Courtney Sy *Senior Academic Advisor, College of Liberal Arts*

Katy Redd *Asst. Director Counseling & Mental Health Center*

Advising for GRIT: Activating Interest, Discovering Passion, and Supporting Perseverance

Tower

1.112G

In April 2013, educators were introduced to Angela Duckworth's theory of GRIT. Three years later, advisors and student affairs professionals can revisit their understanding of what GRIT is and what it isn't, how the concept has been incorporated into their work with students, and what lessons the concept of GRIT can provide in shaping how we activate students interests, promote the discovery of their passion, and support their perseverance toward achievement and success.

Lauren Mariott *Senior Academic Advisor, College of Liberal Arts*

Round Table:

Campus Dining

1.210

Session 4**2 - 2:50 PM****Integrating Theory to Practice:****Utilizing the Social Change Model of Leadership****Development to Create Student Leaders**

Putting theory into practice is sometimes easier said than done. At St. Edward's, our Student Life office has made it a priority to build in elements of the social change model into training, workshops, programs and assessments throughout our different areas. Focusing on leadership programming, we will share tools, activities, and programming ideas where this model is built in and reflected upon to engage our student leaders in developmental conversations.

Lindsey Woelker *Associate Director, St. Edward's University Student Life*

Balcones Room
1.108

Bouncing Back:**A Case Study on Building Resilience in Students**

Happiness. Self-Compassion. Resilience. Just some of the ideas within the Positive Psychology movement that have been studied to increase life-satisfaction. But what do these concepts mean for college students? How do we as student affairs personnel empower students to practice these concepts? This talk will discuss how one counseling center is trying to answer these questions.

Marian Trattner *Suicide Prevention Coordinator, Counseling & Mental Health Center*

Lil Tex Room
1.122

Inclusive Leadership:**A Pathway to Relationship Building & Perspective Taking**

Perspective-taking is a central component of ethical and socially responsible leadership. Delivered through the lens of social justice, this workshop provides participants the opportunity to explore their social identities by engaging cross-culturally with their peers.

Katie O'Malley *Coordinator of Leadership Development, Leadership & Ethics Institute*

Alyssa Ray *Coordinator of Leadership Development, Leadership & Ethics Institute*

Dave Dessauer *Director, Leadership & Ethics Institute*

Stadium Room
1.138

The Academics-Athletics Advising Nexus:**Partnering to Support Student-Athletes**

From basic NCAA eligibility principles to practice and travel schedules to an overview of resources, colleagues from Texas Athletics hope to demystify student-athlete academic experience and continue building strong partnerships with the campus advising community.

Kat Hastings *Associate Athletics Director, Student Services*

Bevo Room
1.140

Study Abroad as an Effective Tool**for 4-Year Graduation and Preparation for a****Diverse and Interconnected World**

In this professional development session, we take an in-depth and myth-busting look at the credit-earning, money-saving, resume-building, and personal growth opportunities that UT Study Abroad offers students.

Monya Lemery *Associate Director of Study Abroad, International Office*

Christian Fredericks *Program Coordinator, International Office*

Tower Room
1.112G

Jumpstart Your Career:**Taking Control of Your Career Planning**

This session will help student affairs staff and academic advisors focus on your own career planning including self assessment, exploration, and communication. Regardless of where you are in your career, you can establish the connection between people skills and telling your story as well as the value of technical tools such as LinkedIn in your career planning.

Michael Powell *Director, Engineering Career Assistance Center, Cockrell School of Engineering*

Campus Dining
1.210

Session 1**10 - 10:50 AM****Investment Basics**

Come gain a better understanding of the difference between stocks, bonds, mutual funds and ETFs and learn some fundamental concepts needed to be a successful investor from the experts at University Federal Credit Union.

Matt Bacon *University Federal Credit Union*

Balcones Room
1.108

Stress vs. Distress:**How to tell the difference & how to help**

Students often present in advising appointments reporting emotional difficulty or mental health concerns. This presentation will help you determine what response and resources are appropriate for different levels of stress. We'll also discuss how to recognize language and behaviors that indicate a need for crisis intervention.

Tony LeBlanc *CARE Counselor, Counseling & Mental Health Center*

Lil Tex Room
1.122

Study Abroad as a Catalyst for Persistence**Among First-Generation College Students**

This session will explore how Study Abroad aims to improve outcomes for first-generation college students through academic and study abroad advising, mentoring, and curriculum integration. Topics include an explanation of the analysis from the first five years of the Hutchison International Scholarship program as well as a discussion of best practices and opportunities for future collaboration.

Amy Shaffer *Asst. Director of Study Abroad Initiatives, International Office*
Naomi Valdez *Program Coordinator, International Office*

Stadium Room
1.138

Planning and Programming**with non-traditional students in mind**

This session will provide an overview of current research, information about barriers non-traditional students face, best practices found at other institutions, an evaluation of what is in place at UT for non-traditional students, areas for growth, and other outside resources to better assist non-traditional student in succeeding within higher education.

Jackie Pedota *Graduate Assistant*
Lisa Sanders *Non-Traditional Student Organization President*
Amy Jorgensen *Graduate Assistant*

Bevo Room
1.140

Undergraduate Recruitment:**Collaboration and Community at****UT Austin Cockrell School of Engineering**

In this session, we will learn about and discuss approaches in undergraduate recruitment for the engineering field and a top-tier research university. Topics covered will include: recruitment and events on a budget (or no budget), event planning, getting current students involved, faculty buy-in, why recruit at all, resources available on campus, and collaboration with peers.

Sarah Shields *Academic Advising Coordinator, Civil, Architectural, and Environmental Engineering*

Tower Room
1.112G

Advising for Interdisciplinary Majors:**Helping Students Author their own Degree**

As Interdisciplinary majors grow, advisors are tasked with helping students navigate and make sense of their academic career. We will use existing research to provide a framework for understanding our students development through a non-linear path. Four liberal arts advisors will facilitate a conversation about how we can best guide students through these increasingly complicated degree plans.

Craig Gilden *Academic Advisor, College of Liberal Arts*
Sarah McKay *Academic Advisor, College of Liberal Arts*
Carter Burks *Academic Advisor, College of Liberal Arts*
Thomas Fawcett *Academic Advisor, Jackson School of Geosciences*

Campus Dining
1.210

Session 2

11 - 11:50 AM

How to Increase your Cross-Cultural IQ

Advising Focus

Balcones Room

1.105

This interactive session is designed to give higher education professionals some experience with common cross-cultural communication styles. Through role play, participants will gain a better understanding of how culture influences communication. It should impart confidence in participants to switch styles as necessary when interacting with students of different backgrounds.

Thuy Nguyen *Study Abroad Program Coordinator, International Office*

Daniel Ach *Study Abroad Program Coordinator, International Office*

Game On: Innovative Learning Strategies for Higher Education Professionals

Lil Tex Room

1.122

In this presentation, we will describe a research-based method called game-based learning. Presentation participants will understand that gamifying information in student affairs can grab the attention of students and staff to facilitate long-term retention and use of key concepts.

Ryan Wasilewski *Assistant Complex Coordinator, Division of Housing & Food Service*

Becca Burt *Graduate Assistant, Leadership and Ethics Institute*

Coreen Davis *Senior Grants & Contracts Specialist, College of Pharmacy*

Students & Careers: How to Start the Conversation

Stadium Room

1.138

Many of us work directly with students who are concerned or unsure of their career options. Learn tips and strategies from seasoned career counselors in the Vick Center who work with all undergraduate and graduate students at UT in major and career exploration. Have your burning questions answered so that you feel confident next time a student mentions career in your office.

Veronica Heiskell *Career Counselor, Vick Center*

Alison Devlin *Career Counselor, Vick Center*

Mariah Waggoner *Career Counselor, Vick Center*

Emily Callinan *Career Counselor, Vick Center*

Making it Happen, All from the Middle:

Lessons from the 2016 Texas Higher Education Symposium

Bevo Room

1.140

This presentation will discuss lessons the presenters learned from planning the 7th Annual Texas Higher Education Symposium. We will offer suggestions for working with a large planning committee, ways to make an even appealing to a large higher education audience, and ideas for internal and external funding.

Saralyn McKinnon-Crowley *Graduate Assistant, Humanities Assistant*

Beth Bukoski *Clinical Assistant Professor, Department of Educational Administration*

The Unchair: Unleash Your Creativity to See Past Stereotypes

Tower Room

1.112G

Inspired by Pixar & Ed Catmull's captivating book, *Creativity, Inc.*, The Unchair is an exercise in suspending our habits and impulses as student affairs practitioners to better understand and serve our students and ourselves.

Katie O'Donnell *Senior Academic Advisor, Plan II Honors Program*

Pronouns, Inclusive Language, & UT Policies:

Campus Dining

Creating LGBTQ+ Inclusive Workplaces & Communities

1.210

In this workshop, we will share tools for creating gender and sexuality inclusive work, classroom, and community spaces, and we will share UT policies and practices you can use and share. We invite you to bring challenges and examples from your daily practice, or to use this as a space to start to imagine how you can influence spaces on and around campus.

Kristen Hogan *Education Program Coordinator, Division of Diversity & Community Engagement*

Session 3

1 - 1:50 PM

Supporting Undocumented Students in the Post-Obama Era

Advising Focus

Balcones Room

1.105

Do you work with undocumented students? Do you have accurate and up-to-date information on federal and state regulations regarding DACA, particularly under a new administration? Can you offer informed advising? What are the challenges that impede their access to Study Abroad, advising, finances and campus-wide support? Separate facts from myths and learn about how to advise, support and assist these students under a new administration.

Daniel Siefken *Assistant Director, International Office*

Rebekah Junkermeier *Program Coordinator, International Office*

Katelyn Martinez *Monarch Program Coordinator, Division of Diversity and Community Engagement*

Sarah Conlon *Exchange Coordinator, International Office*

The 10 Day Career Cleanse

Lil Tex

1.122

Are you stressed out and drained? Need to get more done with less time and resources? What if there were simple ways to infuse more joy and creativity into your work? Come learn 10 fun techniques based on neuroscience, positive psychology, yoga and meditation. Take this 10 Day Challenge!

Dr. Lynn Chang *Founder, CAREER ZEN*

Advisor or Supervisor? Why Choose?!

How your personal advising philosophy can inform

Stadium Room

best practices for supervising student staff and volunteers.

1.138

In today's "do more with less" culture, advisors are being asked with greater frequency to oversee student workers and volunteers. For many, a shift in responsibilities from advisor to supervisor can feel overwhelming. However, advisors can pull from their personal advising philosophy to identify the type of supervisor they want to be and use this philosophy to inform how they guide the professional development of their students.

Amanda Golden *Academic Advising Coordinator, Cockrell School of Engineering*

Major Matters:

How being Undeclared Affects

Bevo Room

Students' Sense of Belonging at UT Austin

1.140

How does 'sense of belonging' differ between students who have declared majors and students who are undeclared majors at The University of Texas at Austin? This session will combine literature on sense of belonging and undeclared student populations with an analysis of data from the most recent UTell Us survey (part of the Student Experience in the Research University survey).

Sam Rauschenfels *Graduate Assistant, Office of the Dean of Students*

Emily LaPlaca *Graduate Assistant, Office of the Dean of Students*

Advise Your Students on a Job Ready Resume

Tower

1.112G

Do you have students coming to you with resume questions? Do you find yourself reviewing resumes for scholarships, leadership positions, and program needs? This session will help student affairs staff and academic advisors offer quick resume and job search tips to your students to help them get hired! Additionally, you may walk away with a few resume tips for your own career development.

Hon Lam *Career Coach, College of Natural Sciences*